

HEMOCARE, RESPITE & LONG TERM CARE

Long Term Care Facilities

- homes provide 24 hour care and service including professional nursing, personal care, therapy, rehabilitation, recreation, nutritional care, pastoral care, social work, housekeeping, maintenance, laundry and administration

Long Term Care and Services for Seniors Division Durham Region Social Services Department

Phone: 905-666-6197

Web Site: www.region.durham.on.ca

Office: 605 Rossland Road East, Level 1, Whitby, ON L1N 6A3

Hours: Monday to Friday 8:30 am - 4:30 pm

Location: **Fairview Lodge** 905-668-5851
632 Dundas Street West, Whitby, ON

Sunnycrest Nursing Home Ltd.

Phone: 905-576-0111

Web Site: www.sunnycrest.ca

E-Mail: sunnycre@interlinks.net

Office: 1635 Dundas Street East, Whitby, ON L1N 2K9

Village of Taunton Mills

Phone: 905-666-3156

Web Site: www.oakwoodretirement.com

Office: 3800 Brock Street North, Whitby, ON L1R 3A5

Office Hours: 9 am - 5 pm

HEMOCARE, RESPITE & LONG TERM CARE

Definitions

Day Programs - adults either living alone or with family who do not need live in accommodation but would benefit from socialization and support

Family Support - Emotional support for family members of the disabled or aging individual.

Friendly Visiting - Support to the isolated or housebound by regular visiting at home or by phone.

Health Care - Provide nursing care, physiotherapy, dressings and medical supplies, foot care, pre- and post-operative care, etc.

Home Help - Light housekeeping and/or heavy seasonal cleaning, errands, laundry, meal preparation, minor home repairs, outside maintenance etc.

Long Term Care - Range of community, personal support and health care services required by individuals who, because of physical disability or aging, need assistance to function as independently as possible.

Personal Care - Assistance with household management and personal hygiene care.

Respite Care - Temporary, short term substitute living arrangements for dependent adults and children in order to provide a brief period of relief or rest for the regular caregivers.

Transportation - Provided to individuals unable to use public transportation or taxis. Trips may be for medical appointments, shopping or other purpose and are usually provided by van or volunteers driving their own cars.

For further details visit our Community Information database at

www.whitbylibrary.on.ca

Or call Whitby Central Library - Reference Desk 905-668-6531 ext. 2020

HEMOCARE, RESPITE & LONG TERM CARE

Community Services

Ambiance Adult Day Program

Phone: 905-428-6402
Web Site: www.ambiancedayprogram.com
E-Mail: ambiancedayprogramn@rogers.com
Office: 22-314 Harwood Avenue South , AJAX, ON L1S 2J1
Services: • day program, after-school program, personalized specialized working programs

Central East Community Care Access Centre

Phone: 905-430-3308
1-800-469-3311
Web Site: www.ce.ccac-ont.ca
Office: 209 Dundas Street East, 5th Floor, Whitby, ON L1N 7H8
Hours: Monday to Sunday 8:30 am - 8:30 pm
Description: • provides a single point of access for people of all ages for the provision of in-home health care services, admission to long-term care homes, school health support services and information and referral to community services

Colonial Retirement Home

Phone: 905-665-9560
Web Site: www.chartwellreit.ca
E-Mail: colonial@chartwellreit.ca
Office: 101 Manning Road, Whitby, ON L1N 9M2
Services: • permanent, convalescent and respite care

Community Care Durham - Whitby

Phone: 905-668-6223
Web Site: www.communitycaredurham.on.ca
Office: 114 Dundas Street East, Suite 106, Whitby, ON L1N 2H7
Hours: Monday to Friday 8:30 am - 4:30 pm
Services: • home help, transportation, friendly visiting, meals on wheels, respite

Durham Association for Family Respite Services

Phone: 905-436-2500
1-800-500-2850
www.dafrs.com
E-Mail: info@dafrs.com
Office: 20 - 850 King Street West, Oshawa, ON L1J 8N5
Hours: Monday to Friday 8:30 am - 4:30 pm
Services: • respite care

Hospice Durham

Phone: 905-430-4522 – Whitby Office
1-888-790-9414
Web Site: www.durhamhospice.com
Office: 209 Dundas Street East, Lower Level, Unit 1, Whitby, ON L1N 7H8
Hours: Monday to Friday 9 am - 4:30 pm
Services: • family support, friendly visiting, home help, transportation, respite care,

HEMOCARE, RESPITE & LONG TERM CARE

Personal Attendant Care Inc

Phone: 905-576-5603
Web Site: www.pacdurham.ca
E-Mail: mail@pacdurham.ca
Office: 1650 Dundas Street East, Suite 200, Whitby, ON L1N 2K8
Hours: Monday to Friday 8:30 am – 4:30 pm • *Service Hours* 6 am - midnight
Services: • personal care, home help

Saint Elizabeth Health Care

Phone: 905-430-6997
Web Site: www.saintelizabeth.com
E-Mail: communications@saintelizabeth.com
Office: 420 Green Street, Suite 202, Whitby, ON L1N 8R1
Hours: Monday to Friday 8:30 am - 8:30 pm; Saturday & Sunday 8:30 am - 4:30 pm
24 hour on call service
Services: • health care, personal care, home help, family support

Tania's Place

Phone: 905-686-9532
Web Site: www.taniasplace.com
E-Mail: info@taniasplace.com
Office: 230 Harwood Avenue South, Unit #2, Ajax, ON L1S 2H6
Hours: Monday to Friday 8:30 am - 4 pm
Services: • day programs

Whitby Seniors' Services

Phone: 905-668-1424
Web Site: www.whitby.ca
E-Mail: parks&rec@whitby.ca
Office: 801 Brock Street South, WHITBY, ON L1N 4L4
Hours: Monday to Thursday 8:30 am - 10:30 pm; Friday 8:30 am - 4:30 pm & 7 pm - 10 pm
Saturday 9:30 am - 1 pm (seasonal); Sunday 1 pm - 4 pm
Services: • winter snow clearing for residents who are 65 years & older certified by a medical doctor to be disabled and who have no able bodied individual living in the residence under the age of 65

Victorian Order of Nurses

Phone: 905-571-3151
1-800-263-7970
Web Site: www.von.ca
Office: 50 Richmond Street East, Suite 116, Oshawa, ON L1G 7C7
Hours: Monday to Friday 9 am - 4 pm
24 hour, 7 days a week care in the home
Services: • health care, friendly visitor, family support