

Definitions

Day Programs

- adults either living alone or with family who do not need live in accommodation but would benefit from socialization and support

Family Support

- emotional support for family members of the disabled or aging individual.

Friendly Visiting

- support to the isolated or housebound by regular visiting at home or by phone.

Health Care

- provide nursing care, physiotherapy, dressings and medical supplies, foot care, pre- and post-operative care, etc.

Home Help

- light housekeeping and/or heavy seasonal cleaning, errands, laundry, meal preparation, minor home repairs, outside maintenance etc.

Long Term Care

- range of community, personal support and health care services required by individuals who, because of physical disability or aging, need assistance to function as independently as possible.

Personal Care

- assistance with household management and personal hygiene care.

Respite Care

- temporary, short term living arrangements for dependent adults / children in order to provide a brief period of relief for the regular caregivers.

Transportation

- transportation for medical appointments, shopping or other purpose provided by van or volunteers driving their own cars for individuals unable to use public transportation or taxis.



Whitby Public Library

Central Library

405 Dundas St. West,
Whitby, ON, L1N 6A1
905-668-6531

Rossland Branch

701 Rossland Rd. East,
Whitby, ON, L1N 819
905-668-1886

Brooklin Branch

150 Winchester Road West
Brooklin, ON L1M 0C4
905-655-3191

Email:

askalibrarian@whitbylibrary.on.ca

Fax:

905-668-7445

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WHITBY PUBLIC LIBRARY

doorway to discovery

**Homecare,
Respite,
&
Long Term Care**



Community Information

@ your library™

www.whitbylibrary.on.ca

Call

Reference Desk

Whitby Central Library

905-668-6531 ext. 2020

Email

askalibrarian@whitbylibrary.on.ca

Community Services

Central East Community Care Access Centre

905-430-3308 • 1-800-469-3311

www.ce.ccac-ont.ca

209 Dundas Street East, 5th Floor,
Whitby, ON L1N 7H8

- provides a single point of access for people of all ages for the provision of in-home health care services, admission to long-term care homes, school health support services and information and referral to community services

Colonial Retirement Home

905-665-9560

www.chartwellreit.ca • colonial@chartwellreit.ca

101 Manning Road, Whitby, ON L1N 9M2

- permanent, convalescent and respite care

Community Care Durham - Whitby

905-668-6223

www.communitycaredurham.on.ca

114 Dundas Street East, Suite 106

Whitby, ON L1N 2H7

- home help, transportation, friendly visiting, meals on wheels, respite

Durham Association for Family Respite Services

905-436-2500 / 1-800-500-2850

www.dafrs.com • info@dafrs.com

20 - 850 King Street West, Oshawa, ON L1J 8N5

- respite care

Hospice Durham

905-430-4522 • 1-888-790-9414

www.durhamhospice.com

209 Dundas Street East, Unit 1

Whitby, ON L1N 7H8

- family support, friendly visiting, home help, transportation, respite care

Personal Attendant Care Inc

905-576-5603

www.pacdurham.ca • mail@pacdurham.ca

1650 Dundas Street East, Suite 200

Whitby, ON L1N 2K8

- personal care, home help

Saint Elizabeth Health Care

905-430-6997

www.saintelizabeth.com

communications@saintelizabeth.com

420 Green Street, Suite 202, Whitby, ON L1N 8R1

- health care, personal care, home help, family support

Tania's Place

905-686-9532

www.taniasplace.com • info@taniasplace.com

230 Harwood Ave South, #2, Ajax, ON L1S 2H6

- day programs

Whitby Seniors' Services

905-668-1424

www.whitby.ca • parks&rec@whitby.ca

801 Brock Street South, Whitby, ON L1N 4L4

- winter snow clearing for residents who are 65 years & older certified by a medical doctor to be disabled and who have no able bodied individual living in the residence under the age of 65

Victorian Order of Nurses

905-571-3151 / 1-800-263-7970

www.von.ca

50 Richmond Street East, Suite 116

Oshawa, ON L1G 7C7

- health care, friendly visitor, family support

Long Term Care Facilities

Homes provide 24 hour care and service including professional nursing, personal care, therapy, rehabilitation, recreation, nutritional care, pastoral care, social work, housekeeping, maintenance, laundry and administration.

Long Term Care & Services for Seniors Division Durham Region Social Services Department

905-666-6197

www.region.durham.on.ca

605 Rossland Road East, Whitby, ON L1N 6A3

Fairview Lodge

905-668-5851

632 Dundas Street West, Whitby, ON

Sunnycrest Nursing Home Ltd.

905-576-0111

www.sunnycrest.ca • info@sunnycrest.ca

1635 Dundas Street East, Whitby, ON L1N 2K9

Village of Taunton Mills

905-666-3156

www.oakwoodretirement.com

3800 Brock Street North, Whitby, ON L1R 3A5